**TOP FRESHMAN PERFORMANCES**

100 Jim Paul 11.5 1985

200 Garen Marty 23.9 1990

400 Ty Stevens 53.2 2002

800 Jason VanNess 2:05.1 1987

1600 Jason VanNess 4:40.8 1987

3200 Jason VanNess 10:36.8 1987

High Hurdles Jim Paul 16.51 1985

300 Hurdles Neil Gebhardt \*45.01 2007

Javelin Pat Gallagher 158’ 7” 1974

Discus Trinity Hegg 138’ 8” 1990

Shot Put Trinity Hegg 39’ 0” 1990

Long Jump Jim Paul 19’ 7” 1985

Triple Jump Ron Iverson 40’ 9 ½” 1984

High Jump Steff Devich 5’ 8” 1985

Pole Vault John Beckman 13’ 0” 1986

\*FAT

**TOP SOPHOMORE PERFORMANCES**

100 Jim Paul 11.2 1986

200 Bo McGurran \*23.23 2006

400 Jim Cornelius 51.1 1967

800 Darren Newman 2:04.5 1984

1600 Jason VanNess 4:37.6 1988

3200 Mark McKamey 10:04.8 1988

High Hurdles Jim Paul 15.4 1986

300 Hurdels Jim Paul 42.4 1986

Javelin Mark Rose 167’ 0” 1984

Discus Trinity Hegg 140’ 9” 1991

Shot Put Keith Creveling 45’ 11 ¾” 1979

Long Jump Joe Rasmussen 20’ 2” 1995

Triple Jump Ron Iverson 43’ 9” 1985

High Jump Matt Cornelius 6’ 0” 1999

Pole Vault Justin Belote 13’ 3” 1996

John Beckman 13’ 3” 1987

\*FAT

**TOP JUNIOR PERFORMANCES**

1600 \*Don LeVeque 4:37.4 1974

Triple Jump Harry Clark 48’ 2’’ 1983

Javelin Mark Rose 186’ 7’’ 1985

Long Jump Harry Clark 22’ 10’’ 1983

400 Bo Mcgurran 49.1 2007

High Jump Harry Clark 6’ 4’’ 1983

High Hurdles Harry Clark 14.7 1983

3200 Mark McKamey 10:07.8 1989

Pole Vault John Beckman 14’ 6’’ 1988

100 Bo McGurran 10.8 2007

200 Bo McGurran 22.27( f.a.t) 2007

Shot Put Terry Salo 50’ 3 ½’’ 1966

800 Darren Newman 2:00.1 1985

Discus Ted Cordeiro 162’ 5’’ 1997

Int. Hurdles Harry Clark 38.1 1983

\*Established at English distance

**TOP SENIOR PERFORMANCES**

100 Jim Paul 10.8 1988

Harry Clark 10.8 1984

Bo McGurran \*10.8 2008

200 Harry Clark 21.6 1984

400 Jim Paul 49.2 1988

800 Jason VanNess \*1:58.67 1990

1600 Mark McKamey \*4:36.15 1990

3200 Mark McKamey \*9:51.45 1990

High Hurdles Harry Clark 14.3 1984

300 Hurdels Harry Clark 38.1 1984

Javelin Mark Rose 197’ 6”(old jav) 1986

Shane Voss 169’ 8”(new jav) 2002

Discus Adam Cotton 172’ 2” 2001

Shot Put Keith Creveling 55’ 10” 1981

Long Jump Harry Clark 47’ 5 ½” 1984

Triple Jump Harry Clark 47’ 5 ½” 1984

High Jump Matt Cornelius 6’ 5” 2001

Pole Vault Andrew Castle 14’ 9 ¼” 2002

\*FAT

**100**

1. Harry Clark 10.8 1984

1. Jim Paul 10.8 1988

1. Bo McGurran 10.8 2007

3. Darren Bickers 10.9 1988

3. Jake Nicholls 10.9 1993

3. Ken Sawyer 10.9 1997

5. Dave Walker 11.2 1995

5. Matt O’Moore 11.2 2004

7. Joe Rasmussen 11.4 1996

7. Richard Adams 11.4 1984

7. Quentin Rhoades 11.4 1984

7. Zach Stevens 11.4 2000

7. John Wiench 11.4 2010

**200**

1. Harry Clark 21.6 1984
2. Bo McGurran 22.27 ( f.a.t ) 2007
3. Jim Paul 22.34 ( f.a.t ) 1988
4. \*Jim Cornelius 22.6 1969
5. Ty Stevens 22.6 2005
6. Jake Nicholls 22.7 1993
7. Ken Sawyer 22.7 1997
8. Richard Adams 23.0 1983
9. Mike Gollaher 23.0 1991
10. Matt O’Moore 23.0 2004

\*Established at English Distance

**400**

1. Bo McGurran 49.1(fat) 2007
2. Jim Paul 49.2 1988
3. Harry Clark 49.36(fat) 1984
4. \*Jim Cornelius 50.0 1969
5. John Beckman 51.25(fat) 1989
6. \*Vince Buck 51.2 1957
7. \*Rick Williams 51.5 1964
8. Ty Stevens 51.6 2005
9. Dan Groux 51.7 1994
10. \*Charles Pierce 52.0 1974

\*Established at English Distance

**800**

1. Jason VanNess 1:58.67(fat) 1990
2. Darren Newman 2:00.1 1985
3. Shane Walker 2:00.29(fat) 1992
4. \*Charles Pierce 2:01.1 1974
5. Shane Hayes 2:02.1 1994
6. Matt McKamey 2:02.33(fat) 1991
7. Jeremy Helfrich 2:03.1 1993
8. Steve McGlynn 2:03.1 1988
9. Josh Hayes 2:04 1997
10. Nathan Helfrich 2:04.2 1996

**1600**

1. Mark McKamey \*4:36.15 1990
2. \*Don LeVeque 4:37.4 1974
3. Jason VanNess 4:37.6 1988
4. Darren Newman 4:38.9 1986
5. Cyros Strickland 4:39.3 1985
6. Steve McGlynn 4:43.0 1987
7. Jeremy Helfrich 4:45.5 1993
8. Matt McKamey 4:46.0 1990
9. Josh Hayes 4:47.0 1997
10. Derek Rogers \*4:47.15 2010

**3200**

1. Mark McKamey 9:51.45(f.a.t.) 1990
2. Jason VanNess 10:09.2 1988
3. Don Leveque 10:10.0 1975
4. Cyros Strickland 10:21.9 1985
5. Rob Martinez 10:29.3 1985
6. Derek Rogers 10:29.97(f.a.t.) 2010
7. Christian Smith 10.35.66(f.a.t.) 2012
8. Steve McGlynn 10:37.6 1986
9. Matt McKamey 10:42.0 1989
10. Jered Royan 10:46.59 2010

**110m HIGH HURDLES**

1. Harry Clark 14.3 1984
2. Jim Paul \*14.96 1988
3. Neil Gebhardt \*15.18 2010
4. Dan Groux \*15.4 1994
5. Matt Hastings 15.5 1997
6. Ron Iverson 15.6 1985
7. Mike Webster 15.7 1972
8. Mark Rose 15.7 1972
9. Vince Buck 15.8 1957
10. Jim Rose 16.0 1977

**300m INTERMEDIATE HURDLES**

1. Harry Clark 38.1 1984
2. Jim Paul \*38.6 1988
3. Matt Hastings \*40.6 1998
4. Neil Gebhardt \*40.64 2010
5. Mark Rose 41.1 1986
6. Craig Moore 41.8 1987
7. Bud Beckley 42.2 1983
8. Shane Voss 42.3 2002
9. Tom Dorle 42.4 1985

9. Dan Groux 42.4 1993

**Long Jump**

1. Harry Clark 23’10’’ 1984
2. Darren Bickers 22’4’’ 1988
3. Bo MGurran 22’1 ¼” 2008
4. Jon Lyons 21’6” 2002
5. Adam Cotton 20’10 ¾ “ 2001
6. Jim Paul 20’8” 1988
7. Brett Boynton 20’6” 1980
8. Joe Rasmussen 20’4 ½“ 1996
9. Bill Flechsenhar 20’4 ½” 1962
10. Ray Cordeiro 20’4 ¼” 1969

**TRIPLE JUMP**

1. Harry Clark 48’ 2” 1983
2. Adam Cotton 43’ 10” 2000
3. Ron Iverson 43’ 9” 1985
4. Darren Bickers 43’3 ½” 1988
5. Jon Lyons 42’10 ½” 2002
6. Nathan Ahlers 42’ 7 ¼” 1994
7. Bo McGurran 42’7 ¼” 1994
8. Mark Rose 41’ 10” 1984
9. Mike Webster 41’ 8” 1973
10. Tom Dorle 41’ 7 ½” 1985

**POLE VAULT**

1. Andrew Castle 14’ 9 ¼” 2002
2. Danny Groux 14’ 7” 1994
3. John Beckman 14’ 6” 1989

Justin Belote 14’ 6” 1998

5. Lee Posey 14’ 2003

6. Shane Lord 13’ 6” 1990

7. Zach Riphenburg 13’ 3” 2016

8. Blair Patton 13’ 1985

John Kountz 13’ 1991

Daniel Woodland 13’ 2008/2009

Levi Nelson 13’ 2012

Perry Woodland 13’ 2013

**HIGH JUMP**

1. Matt Cornelius 6’5” 2001
2. Dan Groux 6’4 ¾” 1994
3. Harry Clark 6’ 4” 1983
4. Jeff Corcoran 6’ 2” 1979

Chris Warner 6’ 2” 1979

Jess Guenther 6’ 2” 2000

7. Jim Paul 6’1 ¾” 1987

8. Steff Devich 6’ 0” 1988

Ted Gollaher 6’ 0” 1994

Josh Hayes 6’ 0” 1997

Andrew Castle 6’ 0” 2002

**Javelin - New Weight - after 2002**

1. Shane Voss 169’ 8” 2002
2. Lyle Cobb 163’ 8” 2006
3. Seth Stevens 158’ 10” 2006
4. Daniel Woodland 155’ 6” 2009
5. Paul Moe 154’ 9” 2003
6. Royce Kitson 147’ 7” 2009
7. Jon Lyons 146’7” 2003
8. Jeremy Flugge 143’3” 2008
9. Zack Hendricks 141’ 4” 2012
10. Paul Clark 140’ 7” 2006

**Javelin - Old Jav**

1. Mark Rose 197’6’’ 1986
2. John Strandell 191’ 0” 1975
3. Adam Cotton 185’ 1” 2001
4. Ray Marxer 184’ 6” 1971
5. Toby Dallum 180’ 3” 1993
6. Cole Rider 179’ 11” 1999
7. Cyrois Strickland 179’7” 1985
8. Tyler Cotton 178’8” 1998
9. John Dorle 176’ 10” 1983
10. Blake Martinez 175’ 1” 1987

**SHOT PUT**

1. Keith Creveling 55’ 10” 1981
2. Terry Salo 52’ 3 ¼” 1967
3. Ray Marxer 50’ 9 ½” 1971
4. Ted Cordeiro 48’ 6” 1998
5. Adam Cotton 47’ 10 ¾” 2001
6. Derrick Lathrop 47’ 2 ½” 1989
7. Lee Lidman 47’ ½” 1994
8. Mike Gollaher 46’ 11 ¾” 1991
9. Dustin Strandell 46’ 2” 2000
10. Shane Voss 46’ 0” 2002

**DISCUS**

1. Adam Cottom 172’2” 2001
2. Mike Gollaher 165’7” 1991
3. Ted Cordeiro 162’5” 1997
4. Quentin Rhoades 155’0” 1984
5. Chad Rearden 154’3” 1997
6. Lee Lidman 152’4” 1994
7. John Strandell 149’8” 1975
8. Terry Salo 147’11” 1967
9. Reno Tibke 147’10” 1995

10. Casey Cabrin 145’5” 1990

**400m RELAY**

1. Tudor, Sanderson, Groux, Nicholls \*43.88 1994
2. Stevens, Cotton, Guenther, Voss \*43.9 2000
3. Tudor, Sawyer, Sanderson, Walker \*43.99 1995
4. Parker, Brickers, Beckman, Paul \*44.0 1987
5. Royan, McGurran, Niles, Wright \*44.33 2007
6. Rasmussen, Sawyer, Cotton, Cordeiro 44.3 1997
7. Stevens, O’Moore, T.Voss, Crossland \*44.44 2004
8. Hastings, Rider, T. Cotton, Cordeiro \*44.45 1998
9. Rhoades, Boynton, Malady, Clark 44.4 1983
10. Devich, Bickers, Beckman, Paul 44.4 1988

**1600m RELAY**

1. Boynton, Malady, Rhoades, Clark \*3:27.24 1984
2. Rhoades, Adams, Beckley, Clark 3:27.7 1983
3. Johnson, Paul, Rose, Newman \*3:28.59 1986
4. Rhoades, Adams, Beckley, Cummings 3:28.7 1983
5. McGlynn, Beckman, VanNess, Paul 3:29.78 1988
6. Gollaher, Tudor, Walker, McKamey \*3:30.40 1994
7. Sanderson, Hayes, McKamey, Tudor \*3:31.7 1994
8. McGurran, Niles, Royan, S. Stevens \*3:31.7 2006
9. Beckman, Moore, VanNess, Paul 3:32 1987
10. \*Gollaher, Coryell, Winterrowd, Pierce 3:32.2 1974

\*Established at English Distance \*FAT

**TOP DISTRICT PERFORMANCES**

100 Bo McGurran 10.8 2007

200 Jim Paul 22.6 1988

Bo McGurran 22.6 2007

400 Jim Paul 49.2 1988

800 Darren Newman 2:03.6 1985

1600 Mark McKamey 4:37.3 1990

3200 Jason VanNess 10:09.2 1988

High Hurdles Harry Clark 14.7 1984

3oo Hurdles Harry Clark 38.9 1984

400 Relay Tudor, Groux, 44.6 1994

Sanderson, Nicholls

1600 Relay Rhoades, Cummings 3:34.1 1983

Beckley, Boynton

Long Jump Harry Clark 23’2 ½” 1984

Triple Jump Harry Clark 45’11 ¼” 1984

High Jump Matt Cornelius 6’4” 2000

Pole Vault Justin Belote 14’6” 1998

Shot Put Terry Salo 51’11” 1967

Discus Adam Cotton 160’5” 2001

Javelin Mark Rose 186’7” 1985

**TOP DIVISIONAL PERFORMANCES**

100 Bo McGurran \*11.13 2007

200 Bo McGurran \*22.59 2007

400 Bo McGurran \*49.1 2007

800 Darren Newman 2:00.6 1985

1600 Jason VanNess 4:37.6 1988

3200 Mark McKamey 10:04 1990

High Hurdles Harry Clark 14.5 1984

300 Hurdles Harry Clark 38.5 1984

Jim Paul 38.5 1988

400 Relay Tudor, Groux

Sanderson, Nicholls 44.5 1994

1600 Relay Gollaher, Tudor

Walker, McKamey \*3:31.91 1991

Long Jump Harry Clark 22’6” 1983

Triple Jump Harry Clark 47’1 ¾” 1983

High Jump Dan Groux 6’4” 1994

Pole Vault Andrew Castle 14’7” 2002

Shot Put Keith Creveling 53’2 ½” 1981

Discus Ted Cordeiro 162’5” 1997

Javelin Mark Rose 186’ 8” 1985

**TOP STATE PERFORMANCES**

100 Jim Paul \*11.10 1983

200 Bo McGurran \*22.27 2007

400 Bo McGurran \*49.72 2007

800 Jason VanNess \*1:58.67 1990

1600 Mark McKamey \*4:36.15 1990

3200 Mark McKamey \*9:51.45 1990

High Hurdles Harry Clark \*14.54 1984

300 Hurdles Harry Clark 38.10 1984

400 Relay Tudor, Groux 43.88 1994

Sanderson, Nicholls

1600 Relay Boynton, Malady 3:27.24 1984

Rhoades, Clark

Long Jump Harry Clark 23’1” 1984

Triple Jump Harry Clark 48’2” 1983

High Jump Matt Cornelius 6’2” 2000/2001

Pole Vault Andrew Castle 14’ 9 ¼” 2002

Shot Put Keith Creveling 55’7” 1981

Discus Adam Cotton 161’8” 2001

Javelin Mark Rose 197’6” 1986